# Mullaway Primary School





TERM 2 WEEK 2 - WEDNESDAY 7 MAY

#### Principal's Message

Welcome back to Term 2! I trust that all our students have returned refreshed and recharged, ready to embrace the exciting opportunities ahead.

As we step into this new term, I'd like to reflect on some wonderful moments from Term 1. Our school cross country event at Mullaway Beach was a highlight, set against the backdrop of a beautiful autumnal day. It was fantastic to see so many of our students participating with enthusiasm. Additionally, our Easter hat parade on the last day of Term 1 was a joyous occasion, thanks to the incredible support from our parents and extended families.

In the final week of Term 1 we honoured ANZAC Day with a moving ceremony at our school, followed by student representation at the ceremony in Woolgoolga on a wet ANZAC Day, paying tribute to those who served.

On Monday, 28 April, our teachers returned for two days of professional learning, focusing on High Potential and Gifted Education—an initiative aimed at enhancing our teaching practices.

I'm pleased to report that our Stage 3 students kicked off Term 2 with Peer Support training, equipping them with valuable skills for leadership and collaboration as we start our 6-week program this term.

School photographs were captured on Friday, 2 May, preserving memories of another great year, and we were thrilled to welcome two Olympians to our school on Monday, 5 May. Their visit inspired our students and highlighted the importance of dedication and perseverance.

Our P&C have been active with the bake sale and BBQ for the Federal election on 3 May and have a busy two days ahead catering for the District Cross Country and distributing the locally handmade cookies for their Mothers' Day fundraiser.

I look forward to a fantastic term ahead filled with learning, growth, and community spirit.

#### **School Cross Country**

On Monday, 7 April our school held its annual school cross country event at Mullaway Beach. The conditions were perfect for a day of competition and camaraderie, with sunny skies and a refreshing breeze enhancing the experience for all participants.

The track featured a mix of beach sand, coastal trails, and headland, providing a challenging yet enjoyable course for our students. It was fantastic to see so many parents and grandparents in attendance, cheering on our runners and showing support for their hard work and dedication.

We are proud to report great participation from our students, who demonstrated outstanding spirit and determination throughout the event. A special thank you goes to Miss Rigoni, our dedicated school cross country coordinator, for her exceptional organisation and support in making this event a success.

Students walked from school to Mullaway Beach, fostering a sense of community and teamwork. We would also like to extend our gratitude to all staff members for their diligence and enthusiasm, which contributed to the day's success.

The winning house for the 2025 school cross country was announced at morning assembly on Monday and we congratulate Cargal who have won the title for the second consecutive year!











Well done to the top 10 placegetters in each division aged 8 years and over, who qualified to represent our school at the upcoming District cross country at High Street soccer field tomorrow, Thursday, 8 May.

Our students will be running in the new school singlets, which look fantastic. Thank you to Kellie Klein, one of our P&C parents who organized the design and printing of the new singlets.

It is predicted to be wet and muddy for the District cross country so parents are reminded to pack a towel, dry set of clothes, spare of shoes, a plastic bag and wet weather gear for their children, as there may be some waiting in the rain.

We wish them the best of luck in the next round of competition!



Congratulations Cargal

#### **ANZAC Day Cermony**

On Tuesday, 7 April, our school community came together to commemorate ANZAC Day with a solemn and respectful ceremony. The event provided a meaningful opportunity for students to reflect on the sacrifices made by those who served in the armed forces.

Our school leaders played a pivotal role in the ceremony, reading the poignant poem "In Flanders Fields," which resonated deeply with all in attendance. We observed a minute of silence, between the playing of the Last Post and Reveille, honouring the bravery and commitment of our ANZACs.

Students laid wreaths at the base of our flagpoles as a tribute to the fallen, showcasing their respect and gratitude. A heartfelt thank you to our student leaders who led the ceremony with grace and dignity, ensuring it was a fitting tribute.

We would also like to express our appreciation to Mr. Skinner, our ANZAC Day coordinator, for his hard work and

dedication in organising this important event.





# **ANZAC Day March**

On Friday, 25 April, the Woolgoolga community came together to honour ANZAC Day with a traditional march that showcased the spirit of remembrance and resilience. Despite the rainy weather, local Northern Beaches schools participated enthusiastically, demonstrating their commitment to commemorating the sacrifices made by our servicemen and women.

The march commenced at 11:00 am, drawing a large crowd that reflected the community's strong ties and respect for those who served. Students, teachers, and families lined the streets, showcasing a sense of unity and pride.

The march concluded at the Woolgoolga RSL, where an ANZAC ceremony took place. A special moment during the ceremony was when school leaders Azalea and Owen laid a wreath on behalf of Mullaway, symbolizing our gratitude and remembrance.

We extend our heartfelt thanks to all the teachers and students who participated in this important event. Your dedication and respect for our ANZACs truly made a difference, even in less-than-ideal weather conditions. Together, we continue to honour the legacy of those who have fought for our freedom. Lest we forget.









#### **Easter Hat Parade**

On Friday, 11 April, Mullaway Primary school held their annual Easter hat parade.

The day began with a delightful collaboration as parents and grandparents of Kindergarten, Year 1, and Year 2 students helped our young learners craft their beautiful Easter hats.

Mr Blanshard's Bangers and snow cones were popular options for students and grown-ups during our lunch break.









All K-2 students had the wonderful opportunity to showcase their creations on the Mullaway stage in the Big Shed. Our school community was also entertained by two Easter dances from our Kindergarten and Stage 1 students.

We were thrilled to have our local Mullaway Pre-school join in the festivities, making the event even more special.

As part of our celebrations, we took a moment to farewell Maia, our dedicated canteen manager, who completed her last day at the end of Term 1. Her friendly manner and delicious baked cookies will be greatly missed by our students and staff alike.

The excitement continued with our Easter Egg guessing competition, and we extend our congratulations to Rani, Finley, Axel, Delilah, Halle, and Lily, who each took home extra eggs to enjoy this Easter.

A heartfelt thank you to all our parents and community members who assisted in the classrooms, to Mandy Carter for organising the P&C Easter Egg guessing competition, and to Mrs. Lee, who was our wonderful MC for the Easter Parade. Your support made this event a memorable one for everyone involved!



## Mullaway Students Shine at NSW Swimming Championships

On Thursday, 10 April, three talented students from Mullaway School represented us at the prestigious NSW Swimming Championships held in Sydney. Their dedication and hard work truly shone through, and we couldn't be prouder of their achievements!

Ned competed in the 8 Years Boys 50m Freestyle event, where he not only showcased his swimming skills but also achieved a personal best (PB), finishing in an impressive 23rd place overall.

Cooper took to the water in the 12 Years Boys 50m Freestyle event, where he placed 35th overall. His participation at this level is a testament to his commitment and training.



Indi made waves in the 11 Years Girls 50m Breaststroke, recording a personal best time and securing 30th place overall. Her performance highlights the talent and determination that our students possess.

It is truly remarkable that three students from our small school have qualified to compete at this State level, reflecting their hard work and the supportive environment at Mullaway.

A special thank you goes to our Mullaway P&C for their generous subsidy to families who qualify for PSSA events at a State level. This support helps to ease the financial burden associated with travel and accommodation costs, allowing our students to focus on their performance.

Congratulations to Ned, Cooper, and Indi for representing Mullaway School with such pride and achievement! We look forward to seeing what they accomplish next.

### **Peer Support Leadership Training Day**

On Wednesday, 30 April, Stage 3 students participated in the Peer Support Leadership Training Day, where they developed key leadership, communication, and teamwork skills in preparation for the upcoming whole school Peer Support Program.

The day began with an introduction to leadership, as students brainstormed qualities of a good leader, such as empathy, respect, and responsibility. They then practiced these traits through role-play scenarios, putting their leadership skills into action.

Students also engaged in activities focused on effective communication and active listening, learning how to give clear instructions and work together as a team. Emotional awareness and cooperation were highlighted through the Zones of Regulation, which helps students manage their emotions and support others in different emotional states.

A standout feature of the day were the team challenges, including the Marshmallow Tower and Fashion Show tasks. These activities encouraged collaboration, problem-solving, and team-building skills.

Congratulations to all of our Stage 3 students for their excellent effort and engagement throughout the day. A big thank you to Miss Rigoni and the Stage 3 teachers for their outstanding organisation and support.

We are looking forward to our Peer Support sessions that will kick off this Friday, with our Stage 3 leaders running small group activities focused on mindfulness and resilience with students across the school.























#### P&C Bake Sale and BBQ

What an Amazing Day!

From the delicious food to the incredible community spirit, our recent event was truly unforgettable! We are thrilled to announce that our team's hard work resulted in raising an impressive \$1763 for our school.

A heartfelt thank you to all the volunteers, baking donors, and supporters who made this possible. We especially want to recognise our parent volunteers Michelle B, Jarrod F, Greg W, Lillian G, Carly B, Kellie K, Lou K, Adam B, Ashlee K, Nicola D, Alice B, Anna M, Kate K, Kevin H, Amanda H, James C, Sue J, Janita S, and Josie A.

A special shoutout to our student helpers: Jack B, Maya B, Addi C, Nate C, Owen C, Jack B, Hayden A, and Harry A.

Your kindness and generosity are greatly appreciated! 💚

#### Get Involved!

We also need helpers for the upcoming cross country BBQ this Thursday from 9:30am to 1:30pm. If you can lend a hand, please reach out!

Kind Regards, Mandy Carter 0401225359 P&C President







#### **Olympics Unleashed**

On Monday, 5 May, our Stage 3 students had the incredible opportunity to engage with two former Olympians as part of the Olympics Unleashed initiative in New South Wales schools.

Alexandra Croak, who proudly represented Australia in gymnastics at the Sydney 2000 Olympics and later in diving at the Beijing 2008 Olympics, shared her inspiring journey. Notably, she is one of only 13 Australians to compete in two different sports at the Olympics.

Aidan Roach, a triple Olympian in water polo, captivated our students with his experiences from the London 2012, Rio 2016, and Tokyo 2020 Olympics.

Both athletes provided insights into their paths to Olympic success, emphasising the importance of setting goals and the dedication required to achieve one's dreams. This engaging session left our students motivated and inspired to pursue their own aspirations.

We would like to thank Alexandra and Aidan for sharing their remarkable stories and encouraging our students to aim high in their future endeavours!



# **Spirit of Mullaway**

Week 10 Class points

Alinta 29

Cargal 30

Bindarri 32

Nian 27

## **Week 1 Class Points**

Alinta 25

Cargal 32

Bindarri 21

Nian 35

Congratulations to Alinta who continues in the lead of our 2025 Spirit of Mullaway

Overall tally Alinta 471 Cargal 463 Bindarri 429

Nian 351

Principal James Deagan



- Bobby
- Sid
- Hugo
- Olivia
- Wilko

Congratulations to our Week 10 Bumble Bees:



- Emma
- Huey
- Theo
- Samuel
- Lola
- Noa

# **Upcoming Events**

DATE	DAY	EVENT
7 MAY	WEDNESDAY	PSSA Basketball
8 MAY	THURSDAY	CHD CROSS COUNTRY
9 MAY	FRIDAY	MOTHERS DAY COOKIE DELIVERY ASSEMBLY
13 MAY	TUESDAY	TOUCH FOOTBALL GALA DAY
14 MAY	WEDNESDAY	NETBALL KNOCKOUT
15 MAY	THURSDAY	SOCCER GALA DAY



# **Messages from the Office**

#### **Mullaway School Jackets**

With the cold weather arriving please remember to send your child to school with either a plain black jacket/jumper or school jacket. It is important that these items are clearly labelled with your child's name, as we have a very large number of jumpers and jackets lost every season that never find their way home

When a student is wearing a non-school uniform jumper (not plain black), they are asked to swap their jumper with a loan of our Mullaway School Jacket for the day. We have our school loan jackets embroidered with a large white 'M' on the back so we can clearly see which jackets belong to the school.

After a busy winter in 2024 of loaning our school jackets to students we have been left short on our stock. If you have any jackets with a large white 'M' on the back, please return it to the school as soon as possible to ensure we have enough stock to keep this loan system going. Please remember, these jackets should not be taken home but returned to the school office at the end of the day, the same day it has been borrowed.

Our school clothing pool also has school jumpers and jackets in various sizes for sale. These are sold for \$5.00 each at the school office.



#### **Stewart House Fundraising**

#### **Stewart House Envelopes**

Mullaway Primary School supports Stewart House annually through our SRC fund raisers as well as by distributing envelopes for the Stewart House Donation Drive. Last week we sent home one envelope to each family.

To enter the prize draw and donate to this worthy cause, simply place a \$2 coin inside the envelope, complete the entry details on the back and return the envelope to the school office.

To be in the draw - Envelopes are due back by Friday, 9 May.

The prize this year is a \$4,000 holiday voucher.

2005 Coffe Harbour District Cross Country Thursday 2 May





#### Coffs Harbour District Cross Country - Thursday, 8 May.

CHD Cross Country is going ahead on Thursday, 8 May, despite the wet weather conditions.

Please make sure your child has packed the following items:

- Spare shoes and socks (possibly an old pair of shoes or gumboots to walk the course)
- A change of clothes for after the event
- A plastic bag or wet weather bag for wet gear
- Please bring along a quiet activity to do whilst waiting for your event such as cards, colouring in, a book etc- we will not have the option to play
- All students, staff and spectators must stay off the soccer fields at all times

Reminder: transport to this event is via chartered bus from the school, if you are planning on transporting your child to this event, you must notify the school office, or your child will be marked as absent.

# COMMUNITY NOTICES



























Access free webinars by leading experts covering topics such as:

- Understanding and managing emotions, building resilience
- The neuroscience of emotions and its impact on readiness to learn
- Family engagement strategies
- Plus, access to a curated collection of free resources from our amazing partners.





#### Visit www.nationalcheckinweek.com to find out more

Join Us for National Check-In Week 2025: Supporting Student Wellbeing Together

We're proud to be part of National Check-In Week (NCIW) 2025, and we would like to invite you to participate with us by getting involved in free webinars tailed to parents and carers on a range of wellbeing topics.

#### What is National Check-In Week?

Running from 26-30th May 2025, NCIW is all about giving students a voice. National Check-In Week (NCIW) is a transformative, FREE initiative designed to tackle the growing student wellbeing crisis in Australian schools. With rising mental health challenges and increasing pressures on students, it's crucial to take proactive and preventative measures. NCIW provides school leaders with the tools to bridge gaps in traditional wellbeing assessments, offering real-time actionable data on student readiness, wellbeing trends, and whole school reporting.

By participating, we're actively promoting:

- Emotional literacy and self-awareness
- A safer, more inclusive learning environment
- Greater student voice and trust
- Data-driven strategies to support whole-school wellbeing

For Families and Carers - Free Webinars

As part of NCIW, families and carers are invited to join a series of free, expert-led webinars designed to share practical wellbeing tips for home. These sessions will cover emotional regulation, resilience, and strategies to build stronger, more connected relationships with the young people in our lives.

Upcoming Events – Register Now

Delivered by wellbeing experts and supported by partners including Headspace and The Black Dog Institute and Dr Mark Williams - leading neuroscientist

**Olick here to register** and find out more



**Lismore's 33rd Annual** 





17th May 9am - 5pm

18th May 9am - 3pm



Discover Dazzling:

Jewellery, Fossils **Kids Activities** Crystals, Gemstones **Food Stalls** 

> **ATM** Available

**Admission:** Adults \$5 Kids \$1

Free Shuttle

**Both Days Proudly Sponsored** 

Bus

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